

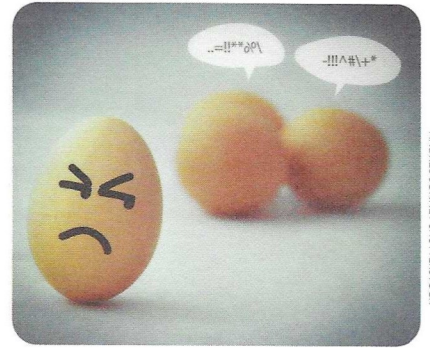
Dear Padre,

**Please clarify for me what the Church considers as “gossip.”
Is it that bad?**

Human beings have the great gift of speech. We continually talk to one another and we talk about one another. Gossip, at its most basic level, is just idle talk. It is neither good nor bad. But it is a tool we can use to build up another human being or tear a person down.

Gossip is sinful when we use our words to unjustly hurt the reputation of another or to judge another person rashly. The two words that the Church uses to describe this evil side of gossip are “detraction” and “calumny.” The *Catechism of the Catholic Church* tells us that detraction is “without objectively valid reason, disclosing another’s faults and failings to persons who did not know them.” Calumny occurs when a person, “by remarks contrary to the truth, harms the reputation of others and gives occasion for false judgments concerning them” (CCC 2477).

To judge whether your own gossip is good or evil, simply ask yourself: Do the words I am saying help others or hurt others? Am I building them up or tearing them down? Hopefully, as a Christian, you are committed to the commandment of Jesus we hear in today’s Gospel: “This is my commandment: love one another as I love you” (John 15:12). ●



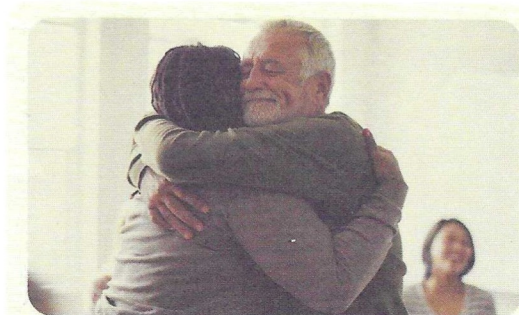
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
May 6	May 7	May 8	May 9	May 10	May 11	May 12
<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Ascension of the Lord</i>
Acts 16:11–15	Acts 16:22–34	Acts 17:15, 22–18:1	Acts 18:1–8	Acts 18:9–18	Acts 18:23–28	Acts 1:1–11
Jn 15:26–16:4a	Jn 16:5–11	Jn 16:12–15	Jn 16:16–20	Jn 16:20–23	Jn 16:23b–28	Eph 1:17–23 or Eph 4:1–13 or 4:1–7, 11–13 Mk 16:15–20



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A WORD FROM POPE FRANCIS

To love as the Lord loves us means to appreciate the people beside us, to respect their freedom, to love them as they are, not as we want them to be; as they are, gratuitously....Not controlling, serving them. Opening our heart to others, this is love, to be trusting, giving ourselves to others.

REGINA CAELI, ROME, MAY 9, 2021