



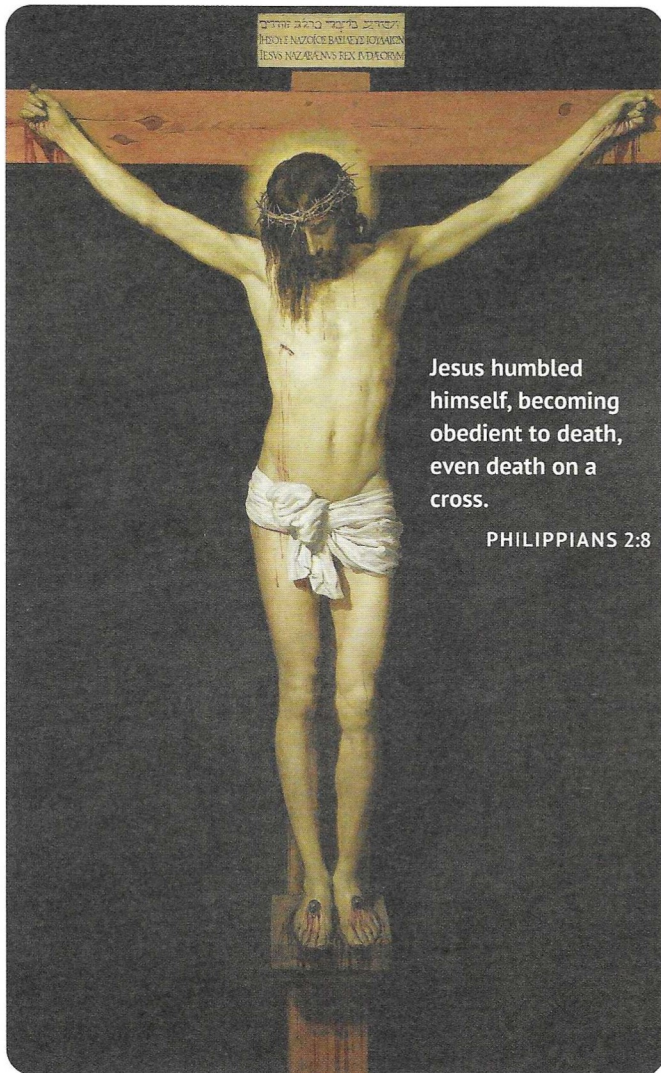
The Hungers with Which We Live

FR. JOSEPH JUKNIALIS

Tenzin Kiyosaki is a former Buddhist nun who now works as an interfaith chaplain at a medical center in Los Angeles. There she tends to the spiritual needs of patients who have less than six months to live. When her brother asked her what it was that dying patients talk about, it led to her book *The Three Regrets: Inspirational Stories and Practical Advice for Love and Forgiveness at Life's End*. The three regrets she lists are: 1) I did not live the life of my dreams; 2) I did not share my love; and 3) I did not forgive. All too easily it seems we become preoccupied with what in the end becomes peripheral to what we really seek in life.

Today we tell the story of how Jesus' life of loving others came to its final conclusion, one of sacrificial love to the point of death. He came to reveal how such love is an essential dimension of the presence of God at the heart of every human life, and a cornerstone of the kingdom of God he proclaimed and to which he gave his life.

To the end, even on the cross, forgiveness was an essential aspect of his life of loving others. The very realities of what Jesus' life was all about are the same hungers we so often fail to recognize as we live our lives, though it is what he continually preached. Coming face to face with our own mortality seems to make his message most real. ●



Jesus humbled himself, becoming obedient to death, even death on a cross.

PHILIPPIANS 2:8

Reflect

Are you living the three values articulated by Tenzin Kiyosaki? Is there one you could do better?