



[Jesus] remained in the desert  
for forty days, tempted by  
Satan.

MARK 1:13



## A Trek in the Desert

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**D**eserts come in all shapes and sizes. For Noah, it turned out to be a desert of water, an endless, dreary expanse. For Jesus, it was also without end, one of rocks and sand; it was a harsh existence. In our lives, deserts might be a debilitating illness, a dried-up marriage, grief over lost love, a job that seems to tax our sanity, or a childhood scarred by abuse. Not long ago, the world found itself in a pandemic desert. For many, it was one of cabin fever that isolated us from family and friends. Deserts are not alluring places. They are places from which we tend to run.

Some people deal with the inevitable deserts of life by becoming angry; others grow bitter and turn inward; others blame God and walk away from faith. Yet deserts can also be the very forces that reshape lives. With nothing else to distract us, in the desert we come face to face with ourselves, with who we really are and whose voice it is that we follow. There we take a stand on life, as Jesus did. It was the Spirit that drove Jesus into the desert, and it was there that he realized the future to which he was being called. So also with us. Deserts become places where we discover what God is asking of us and where we need to go, all discoveries that may otherwise never have occurred. In some strange and curious way, then, deserts may be blessings in our lives. ●

### Reflect

*Have you had a desert experience? How did it reshape your life?*