



A Haunting Question

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“What are you looking for?” asks Jesus of the two disciples who come to see who he is and what he is about. They are Jesus’ first words in John’s Gospel, and that’s what the entire Gospel of John is about, an answer to that piercing question.

I spent the week living with that question, never really finding an answer that seemed to fit, or perhaps I got too many answers, all of them somehow falling short. Why do I spend an hour early each morning sitting in the silence? I read some Scripture, but then mostly I sit with the silence. Many are the times when my mind drifts to other times and places and daydreams. Sometimes the silence is scattered with boredom; at other times it stumbles with prayerful words; and sometimes in the silence I look for answers to the plaguing whys of life. Mostly, though, I sit in the silence. I’d like to call it prayer, but then I wonder if I’m simply floundering in wishful thinking. So I return to that haunting question—“What are you looking for?”

I think perhaps the answer is similar to what I look for when I gather with friends. Sometimes the get-together is engaging, but not always. Sometimes it is memorable, but not always. Sometimes we just hang out, and that can be enough. Ultimately relationships keep me grounded. That also is why I spend time in the silence. It’s what I’m looking for when I pray—to be in relationship with God, to be grounded lest I drift away and grow lost. ●

**[Eli] said to Samuel,
“Go to sleep, and if you are
called, reply, ‘Speak, LORD,
for your servant is listening.’”**

1 SAMUEL 3:9

Reflect

*When you pray,
what are you looking for?*

