



[The shepherds] made known the message that had been told them about this child... And Mary kept all these things, reflecting on them in her heart.

LUKE 2:17, 19



What Do You Hold in Your Heart?

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On **New Year's Eve**, some of my friends try to recall a significant event from each year, beginning with the most recent, and work their way back. They tell me that memories from the first couple of years, the most recent, are fairly easy to call to mind, but after that, memories get reduced to births and deaths, marriages and moves to new homes, vacations, and ultimately to not remembering anything significant for some years. It's an interesting conclusion—not remembering anything significant—given the human emotions and energies we pour into trivial disagreements, unresolved conflicts, and family issues.

The Gospel recounts how Mary reflected upon the events of her Son's birth and how she kept them all in her heart. I suspect that many of the events we might recount from that New Year's Eve exercise would end up being some of the moments we hold in our hearts. Most would likely revolve around family, all those people we keep in our hearts. Others might be about job promotions or successes, or memorable recognitions. We justifiably keep these as treasures to remember.

As Mary did, we might learn something about ourselves by pondering significant personal faith events. I doubt most of us will recall one for each year, which may say something about how seriously we take our faith lives. Yet those we do recall could be treasures of the past that will bless us in the present. ●

Reflect

***What do the events
you carry in your heart
say about who you are?***